

The MICHIGAN BULLETIN

FREE
Please Take One

Vol. 12 No. 18

www.mibulletin.org

OCTOBER 2006

The 411

Keeping The Dream Alive



The Rev. Al Sharpton, President of the United Action Network, is the featured speaker at the Lansing NAACP 41st Annual Freedom Dinner, to be held at the Holiday Inn South on Oct. 21, 2006.

2nd Saturday of each month - Black Men Inc. of Greater Lansing monthly meeting at BCFI, 835 W. Genesee St., at 9 am. Everyone welcome.

2nd Saturday of each month - The Lansing Area African American Genealogical Society (LAAAGS) meets monthly at 9 am in the Michigan Library & Historical Center, 717 W. Allegan, between Pine and Butler streets in downtown Lansing

Oct. 19 > 20 - Annual Fall Barbecue fund raiser for the St. Stephen's Community Lions, 1420 W. Oakland Ave. Lansing, MI 11 am til 7 pm - Rib & Chicken Dinners at \$10.00 per plate. For orders of 10 or more call: 484-2180.

Oct. 20>22 - JUST US GIRLS GET AWAY - "Excellence & Elegance" to fabulous Embassy Suites Hotel, Detroit/Livonia, MI - Cost: \$110, \$115 and \$135. For more information call Carolyn Leathers (517) 410-9979.

Oct. 21 - Ellis Marsalis, patriarch of the legendary Marsalis family-and father to 4 accomplished musicians, including Branford and Wynton-at the MSU Wharton Center for Performing Arts Phone: 1-800-WHARTON

Oct. 21 - NAACP 41st Annual Freedom Dinner, "Reaffirming Affirmative Action in Michigan." Featured speaker, Rev. Al Sharpton, President of the United Action Network, at the Holiday Inn South, 68210 S. Cedar St., Lansing, MI Costs: \$50.00 adult, \$30.00 Student.

Oct. 28 - the MSU Professors of Jazz will perform at the Creole Gallery, 1218 Turner St. Lansing Phone: 517-487-9549 Led by Rodney Whitaker (formerly of Lincoln Center Jazz Orchestra), this combo sets the standard for top-notch jazz.

First Sundays - Detroit Charles H. Wright Museum of African American History FREE admission each first Sunday of the month through July 1, 2007. Now the entire family can experience the Wright Museum for the cost of a car ride.

Breast Cancer Awareness

By Tajalli Kelley Graves

Do you have a wife that you love?

How about a daughter, sister, mother or just a female friend that you care about?

Now is the time to become more involved in her life and to possibly save her life by letting her know October is National Breast Cancer Awareness Month and insisting that she get a mammogram.

Current research indicates at least one of every eight women will get breast cancer in her life. If you go on statistics, this year alone will diagnose 211,000 women with breast cancer. 43,300 women will die from this type of cancer.

Women are not the only ones who get breast cancer. Men do to, although the number is much lower. For every 100 women who are diagnosed with breast cancer, one man will be diagnosed as well. This year will yield 1600 men diagnosed with breast cancer and 400 of those men will die from it.

Breast Cancer is beatable. If you are careful and find it in its early stages, breast cancer can be defeated. The problem is that many of the

people who have breast cancer do not know that they have it until it is in its later stages. It may too late for the breast cancer victim to get successful treatment when it is in later stages.

The best thing to do to avoid finding breast cancer too late is to perform regular breast self-examinations and have annual mammograms - a low-dose X-ray examination that can detect breast cancer up to two years before it is large enough to be felt.

Some early signs of breast cancer include finding a lump in the breast. The lump is usually painless and does not mean that you have breast cancer but it also should not be brushed aside. Many people think that finding a lump on your breast automatically means you have breast cancer. That is false. Eight out of ten lumps are not cancerous, that means there is a chance that your lump may be the dreaded disease. So, if you find a lump in your breast immediately report to your doctor what you have discovered.

Other signs include, but are not limited to:

A portion of the skin on the breast or underarm swells and has an unusual

appearance.

Veins on the skin surface become more prominent on one breast.

The breast nipple becomes inverted, develops a rash, changes in skin texture, or has a discharge other than breast milk.

A depression is found in an area of the breast surface.

There are many risk factors that contribute to the development of breast cancer. Some can be helped and some cannot be helped. Some of these risk factors include your family history, starting your menstrual cycle earlier than normal and starting menopause late, being female, age, and having had

breast cancer before are factors that cannot be helped. Just because the risk factors cannot be helped does not mean that you should not take any precautionary steps. Every little bit counts. Some factors that can be helped include moderate alcohol

continued on page 4

Shabazz Academy Male Mentoring Program set



Shabazz Male Mentoring partners standing (l-r) Mentoring Program Developer, Robert Smith, El-Shabazz Administrator, Dr. Eugene Cain, former Kellogg Foundation administrator, Dr. Marvin McKinney, Mentor and Western MI University graduate, Dwight Dyes, Chauncey Spencer Academic Motivational Program Dir., Chauncey Spencer II, BCFI Interim Dir., Dr. Ron Gilliam, Rev. Russell McReynolds, Seated (i-r): Dr. Jonas Chenault, and Retired Lt. Col. and Tuskegee Airman Alex Jefferson.

LANSING, MI -- El-Shabazz Public School Academy recently announced its Male Mentoring Program.

The program will work with 20 boys in grades 4 -6 enrolled at Shabazz.

The mentoring effort is funded by the Kellogg Foundation and is designed to help boys excel in science and mathematics through enrichment activities in aeronautical science and history.

The student proteges will be mentored and guided by three trained mentors/tutors and a core of volunteers with backgrounds in education, engineering, aviation, mathematics and science. The students will meet once a week from 3:30 - 5 p.m. at the Black Child & Family Institute.

The El-Shabazz Male

Mentoring Program honors Chauncey Spencer, as a young boy, fell in love with flying at the age of 11 after seeing his first airplane fly over the skies of his hometown in Lynchburg, Virginia. With the help of his parents, Chauncey learned to fly at a time when people of color were often discouraged. Two decades later, he made it possible for people of color to be trained as pilots at Tuskegee University, creating the group called the Tuskegee Airmen. Chauncey's efforts helped pave the way for the integration of the military and ultimately helped outlaw legal racial discrimination. His son, Chauncey Spencer II, with the help of others, has continued his legacy by organizing the Chauncey

Academic Mentoring Program (CSAMP). The program team will help young men achieve their dreams despite the social and economic obstacles that might be placed in their path.

The students and mentors will: Conduct aeronautical experiments, build and test free-flight model airplanes, participate in free flight indoor competition, learn to fly radio-controlled electrical powered indoor and outdoor model planes, complete a history project on famous African American aviators and participate in aviation and historical field trips.

The Male Mentoring Program is a joint program of Shabazz, BCFI, CSAMP and the MSU Chapter of the Assoc. of Black Engineers.

MSU beauty ready to compete for Miss Michigan USA title

The final days are nearing for 23-year-old Michigan State University Senior Miss Elizabeth Crenshaw who will be competing for the title Miss Michigan USA on Saturday, October 20, 2006 at the McMorran Place Theater in Port Huron, MI.

Miss Crenshaw is very excited about this endeavor says her personal coach Mrs. Ann Eure, pageant director for Miss Sparkle Success "Esteem" Pageant. Miss Crenshaw's first comment was "I am going for the WIN".

This is Elizabeth's first pageant experience, and she has been wonderful to work with, Eure said.

Miss Crenshaw has also presented her speech before the "Toastmasters" Speak Smart Audience, on the



Elizabeth Crenshaw

campus of Michigan State University. This was a great experience for her. She was critiqued and given excellent speaking advice from the group says Ann Eure, pageant coach. I am so excited for her and know she will do well.

If Miss Crenshaw takes the title of Miss Michigan USA, she will go on to compete for the title Miss Universe USA, 2007.

AKA 4th Annual Gourmet Gents set

The 4th Annual Gourmet Gents sponsored by the Delta Tau Omega Chapter of Alpha Kappa Alpha Sorority will be held on Sunday, October 22 at the Hannah Community Center in East Lansing from 3:30 to 5:00 p.m.

The Lansing area Gents preparing their gourmet specialties are Mayor Virgil Berneo, John Revis, Andre Cunningham, Jimmy Wilson, Carleton McConnell, Jimmy Hill, Tony Howard, Rudy

Wilson, CL Moore, Loran Graham, Andy Wells, Michael Jennings, Ken Jones, Philip Lewis, Karl Wilson, Sam McGhee, Lee Alexander of Red Velvet Cake, seafood gumbo, fried catfish, pulled pork, smoked turkey, ribs, etc. for this community and scholarship fundraising event.

Tickets are \$20 for adults and \$10 for youth. Contact any AKA Chapter member or Gladys Scott for tickets at 321-6874.



Retired Lt. Col. and Tuskegee Airman, Alex Jefferson, visits BCFI

Inside the Michigan Bulletin

Page 2 - The Caldwell Report Page 3 - Ms. Dee 10 4 - Local Political runs for office as an Independent 5 - West Jr. Reunion photos page 6 - Congressman Mike Rogers Pages 7 & 8 - Ernie Boone on sports